

# MARIN HEALTHCARE DISTRICT

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## Board of Directors Special Study Session of the Full Board and Lease and Building Committee Wednesday, October 25, 2017

### MINUTES

#### 1. Call to Order

Chair Jennifer Rienks called the meeting to order at 5:30 p.m.

#### 2. Roll Call / Approval of Agenda / Approval of Minutes

*Committee Members Present:* Chair Jennifer Rienks; Harris Simmonds, MD

*Community Member Present:* Brian Su, MD

*District Board Members Present:* Ann Sparkman; Larry Bedard, MD

*Staff Members Present:* Jon Friedenber, COO; Louis Weiner, Executive Assistant

It was moved, seconded and carried to approve the agenda as presented.

It was moved, seconded and carried to approve the minutes of the Lease and Building Committee meeting of August 30, 2017.

#### 3. Public Comment

There was no public comment.

#### 4. MHD Community Health Seminar

The seminar on the California End of Life Options Act presented on October 4, 2017 was reported to the MHD Board of Directors at the Regular Meeting of October 10.

The next seminar will be on the subject of the Opioid Crisis. Dr. Ramo Naidu, MGH Medical Director of Pain Management, has agreed to present. The event will be Tuesday, January 30, 2018, 7:00 pm, in the MGH Conference Center, and will be open to the public. Dr. Matt Willis of Marin County Department of Public Health may be asked to co-present. It was suggested a pharmacist be asked to attend to discuss opioid access, and availability of Narcan. Dr. Naidu will be invited to the next meeting of this Committee to discuss details.

Suggested subjects to be covered at the seminar are to include:

- How appropriate use becomes a problem of overuse and abuse
- Recognizing signs of abuse
- Treatment
- The prescribing process and physician issues
- A “pain management contract” between patient and physician
- Types of opioids, their effects, and drug interactions

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- Safe handling of opioid drugs
- Certain non-opioid abuse and withdrawal problems

Publicity of this event will be extended to include flyers placed in physician offices.

#### 5. Community Health Grants 2018

The MHD Board, at its Regular Meeting on October 10, elected to commit the entire Community Health Grants budget for 2018 to the MGH Behavioral Health program. No other grant applications will be considered at this time. This may be discussed further at the Board's annual retreat meeting in March 2018.

#### 6. Adjournment

Chair Rienks adjourned the meeting at 6:05 p.m. The next meeting of this Committee will be Weds. November 29 at 5:30 pm.